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### **SHAVE BIOPSY SITE CARE INSTRUCTIONS**

1. You will need ointment (petroleum jelly is preferred) and adhesive bandages (eg. Band-Aids).
2. Leave your bandage in place and keep site dry until \_\_\_\_\_.
3. At that time, remove your bandage before your shower and wash your wound normally with soap and water. Pat dry. Then, apply ointment and a clean bandage.
4. Repeat step 3 daily for \_\_\_\_\_ days, or until your next visit in \_\_\_\_\_ days.
5. You may swim with your bandage in place, but repeat step 3 after swimming.

### **SUTURED SITE/WATERPROOF CARE INSTRUCTIONS**

1. You will need ointment (petroleum jelly is preferred) and waterproof bandages (eg. Waterproof Band-Aid Tough Strips or NexCare waterproof bandages).
2. Leave your bandage in place until it is no longer water-tight (usually 1-7 days).
3. On that day, remove your bandage, wash the wound with soap and water, pat it dry, apply ointment, and cover with a fresh waterproof bandage.
4. Repeat step 3 as often as necessary to maintain a dry dressing for \_\_\_\_\_ days, and/or until you return for suture removal in \_\_\_\_\_ days.

### **IN THE EVENT OF BLEEDING**

For oozing, you can use a styptic pencil (available at any pharmacy). For more significant bleeding, apply firm uninterrupted pressure to the site for a solid 10 minutes. If you cannot control the bleeding with this maneuver, please call Dr. Goldwasser.

### **IN THE EVENT OF PAIN/SORENESS**

When the local anesthetic wears off (usually 60 minutes after injection), the surgical site may feel sore. You may use acetaminophen (eg. Tylenol) as an analgesic. Please do not use aspirin or ibuprofen for the first 48 hours after surgery **UNLESS YOUR WOUND WAS CAUTERIZED**, as these make bleeding more likely. If you regularly take aspirin for other reasons, please continue to do so.

### **IN THE EVENT OF SEVERE PAIN/REDNESS/PUS/SWELLING/FEVER**

If it is normal for there to be mild pain, a small ring of redness around a wound, and for the bed of the wound to be creamy yellow in color. Severe/worsening pain, expanding redness, green pus, increasing swelling, foul odor, and fever are signs of infection. If that occurs, please call Dr. Goldwasser or proceed to your primary care physician, urgent care center, or emergency room.

### **ABOUT YOUR BIOPSY RESULTS**

Biopsy results are usually received about 1 week after the procedure. Please contact us by phone, text, or email for your results. If you would like a copy for your own records or for your primary care physician, please feel free to request it. Significant results may be sent to your primary care physician to ensure the best medical care for you.

**Please contact us for your test results in 7-10 days.**